



HELSINGBORG OPEN

19:DE MARS
ARENAN



INVITATION

Helsingborg Open 2016



Dear Mr Presidents

I am proud to invite you and your athletes to participate in the Helsingborg Open, which will be held in Helsingborg, Sweden, on **19 March 2016**.

We hope that you all will enjoy the Open as well as a great stay in Helsingborg, Sweden. We are looking forward to receive your confirmation of participation for this event no later than 1th of March 2016.

Yours sincerely,

Alex Jönsson

Chairman of Tian Dao Taekwondo Club

**E-headgear for junior and senior advance and Daedo protector for all Advanced!!
All Beginners are responsible for bringing their own equipment!!**

Organizer: Tian Dao Taekwondo Club

Date: **March 19, 2016**

Competition hall: A-Hallen
Mellersta Stenbocksgatan 10,254 37 Helsingborg

Competition date: Saturday the 19th March, 2016

Qualifications: Holder of Nationality of the participating country.
One recommended by the National
Taekwondo Federation (Association)
Member of STF, ETU or WTF.
From 4 Gup and higher (**Advanced:**)
From 9 Gup to the 5 Gup (**Beginners:**)

Competition Rules: **The new WTF Competition rules and in some cases overruled by the rules of the STF.**
For Junior and Seniors advanced are using the WTF competition rules.
For Cadet, Masters Advanced and all Beginners we are using the STF rules (kick to the head is not allowed, only to the body protector).

OBS!!

E-headgear for junior and senior advance and Daedo protector for all Advanced!!
All Beginners are responsible for bringing their own equipment!!

Time mode: 2 x 2 minutes (1 min break) master, senior and junior
2 x 1.30 minutes (1 min break) minor and cadet

Age: Master + 35 and over
Senior 18 years up to 34
Junior 14 years up to 17
Cadet 12 - 14 years
Minior 7 – 11 years

Applications: This service is provided by competition Service Subscription Site

To register and login to the service please use this link:

www.tpss.eu

DEADLINE FOR APPLICATIONS: AT THE LATEST March 1, 2016

TIME TABLE

Friday 18 March

Registration & weigh-in for all (advanced & beginners)

A- hallen

Mellersta stenbocksgatan 10,254 37 Helsingborg

17:00 – 20:00 hrs (local time) for all competitors

Changes of weight divisions after the deadline are allowed

Cost: 25 €

Saturday 19 March

Program:

09.00 Competition starts

09.00 - 12.30: Elimination rounds

12.30 - 13.30: Lunch break

14.00 - 19.00: Elimination rounds, quarter finals & semi finals

Protest

Only the official coach is allowed to protest, immediately after the end of the contest. An amount of **€ 50 (Euro)** will have to be paid for each protest.

The decision of the referee chairman is final.

Deadline

Tuesday the 1th of March, 2016!

Entry Fee

€ 35 (Euro) for Pupil and Cadet´s

€ 45 (Euro) for Juniors, Seniors and Master

The Entry Fee must be paid and specified to the Bank Account of Tian Dao Taekwondo club.

Payment

Entry Fees must be paid before the Deadline **Tuesday the 1th of March, 2016!**

To Tian Dao Taekwondo Club

Bank: Swedbank AB, Helsingborg, Sweden

IBAN: SE92 8000 0821 4991 4508

Swift Code: SWEDSESS

Equipment

groin/forearm/shin guards and gloves are compulsory will be brought by the contestants.

Mouth piece is compulsory!

Coach

For every 5 contestants within the same team, one coach is granted free admission, with a maximum of 3 coaches.

First Aid

Will be provided by the organisation and is only to be used in case of an emergency!

Weight Categories

Master male	-58 kg -68 kg -80 kg +80 kg
Master female	-49 kg -57 kg -67 kg +67 kg
Senior male	-54 kg, -58 kg, -63 kg, -68 kg, -74 kg, -80 kg, -87 kg, +87 kg
Senior female	-46 kg, -49 kg, -53 kg, -57 kg, -62 kg, -67 kg, -73 kg, +73 kg
Junior male	-45 kg, -48 kg, -51 kg, -55 kg, -59 kg, -63 kg, -68 kg, -73 kg, -78 kg, +78 kg
Junior female	-42 kg, -44 kg, -46 kg, -49 kg, -52 kg, -55 kg, -59 kg, -63 kg, -68 kg, +68 kg
Cadet male	-33 kg, -37 kg, -41 kg, -45 kg, - 49 kg, - 53 kg, -57 kg, - 61 kg, -65 kg, + 65 kg
Cadet female	- 29 kg, - 33 kg, -37 kg, -41 kg, -44 kg, -47 kg, - 51, - 55 kg, - 59 kg, + 59 kg
Pupil male	- 26 – 28 – 30 – 32 – 34 – 37 – 40 – 43 -46 -50 -54 -57 + 57
Pupil female	- 26 – 28 – 30 – 32 – 34 – 37 – 40 – 43 -46 -50 -54 -57 + 57

Welcome to Helsingborg Open 2016!



SVENSKA TAEKWONDOFÖRBUNDET
Swedish Taekwondo Federation

Invitation for poomsae

<u>Date/time</u>	march 19, start 9.00
<u>Location</u>	Idrottenshus Mellersta Stenbocksgatan 10, 254 37, Helsingborg
<u>Competition entry</u>	No later than March 1 via email to michael.brannback@svensктаekwondo.se
<u>Entry fee</u>	Individual class Children & cadet divisions: 30 € Junior & senior divisions: 30 € Pair/team: 45 € IBANR: SE92 8000 0821 4991 458 0868 Swiftnr: SWEDSESS Acountholder: Tian Dao
<u>Registration</u>	Registration takes place in the arena 8:00 on the day of comp. Taekwondo pass is mandatory along with ID!
<u>Comp.start</u>	First class is expected to start 09:00. Prizes will be awarded as soon as the competition is complete
<u>Questions</u>	info@tiandao.se
<u>Poomsae questions</u>	Michael Brännback Email: michael.brannback@svensктаekwondo.se
<u>Rules</u>	WTF/STF
<u>Coach</u>	One coach per 5 participants (maximum 3 coaches)
<u>Grade req/classes</u>	Beginners 9-5 Gup Advanced 4 Gup- 1 Gup Elite Dan/Poom
<u>Beginner class (9-5 gup)</u>	Competes with 2 Taeguks of own choice per round (T1-T8). Number of rounds depends of number of contestants.

Advanced class (4-1 gup)

Competes with 2 Taeguks per round according to tables for Advanced divisions (Table 1). Number of rounds depends on number of contestants.

Elite class (dan/poom)

Competes according to WTF recognized poomsae tables (Table 2)

Age Divisions Individual

Children (-11) / Men individual, women individual
 Cadet (12-14) / Men individual, women individual
 Junior (15-17) / Men individual, women individual
 Below 30 (18-30) / Men individual, women individual
 Below 40 (31-40) / Men Individual, women Individual
 Below 50 (41-50) / Men individual, women individual
 Below 60 (51-60) / Men individual, women individual
 Below 65 (61-65) / Men individual, women individual
 Over 65 (66+) / Men individual, women individual

Age Divisions Pairs

Pair cadet: – 14years of age
 Pair junior: 15 – 17 years of age
 Pair below 30: 18 – 30 years of age
 Pair above 30: 31+ years of age
Pair consists of 1 man & 1 woman

Age Divisions Team

Team cadet: – 14years of age
 Team junior: 15 – 17 years of age
 Team below 30: 18 – 30 years of age
 Team above 30: 31+ years of age

Teams consists of either 3 men or 3 women

**Poomsae Table 1, Advanced;
 Red belt (4-1 gup)**

Divisions	Preliminary	Semi-Final	Final
All age categories	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8
Pair Women/man	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8
Team (three of same sex)	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8	4 kup: T4-T5 3 kup: T5-T6 2 kup: T6-T7 1 kup: T7-T8

Beginners pairs/team competes with poomsaes of own choice.

Advanced pairs/team with different Gup grades the pair/team competes according to the lowest Gup grade in the pair/team.

**Poomsae Table 2, Elite;
from 1dan/1poom**

Divisions	Table
Children (-11)	T4 – Koryo
Cadett (12-14)	T4 – Kumgang
Junior (15-17)	T4 – Taeback
Below 30 (18-30)	T6 – Shipjin
Below 40 (31-40)	T6 – Shipjin
Below 50 (41-50)	T8 – Chonkwon
Below 60, Below 65 and Above 66 years of age	Koryo – Hansu
Pair Cadet	T4 - Kumgang
Pair Junior	T4 – Taeback
Pair Below 30	T6 – Shipjin
Pair Above 30	T8 – Chonkwon
Team Cadet	T4 - Kumgang
Team Junior	T4 - Taeback
Team Below 30	T6 – Shipjin
Team Above 30	T8 – Chonkwon

NOTE! Draw of poomsae for elite class is carried out no later than 2 days before the competition.

**NOTE! Classes may be combined depending on number of participants.
The organizer can at any time change classes if WTF/STF makes changes.**

Welcome to Helsingborg Open 2016!



Accommodations

Accommodation charges for room and boarding of the teams will be born by the participants.

Notice

The closest airport to Helsingborg is Malmö and Kastrup, Copenhagen (train to Malmö, Sweden takes 20 minutes). From Malmö to Helsingborg by train takes 40 minutes. If you need transportation from Malmö to Helsingborg confirm your Flight Schedule and the Organizing Committee will provide transportation.

The cost for transportation (from/to Malmö + to/from sporthall) is 20 Euro per person and should be paid in advance.

If you are flying into Malmö airport - Sturup - the Organizing Committee may provide transportation if you wish, the cost is 30 Euro per person.

Insurance

The organisation and supervisor assume no responsibility for teams, any damages, violence, loses and injuries during the stay in Sweden. All contestants must bring their own documents and forms for any medical treatment in the Sweden. If not, this will have to be paid in cash.

NOTE:

Reservations and Registrations are only valid when payments have been received and can be confirmed by the Bank and the organizer.

To:

Organizing Committee
Helsingborg Open
c/o Gibriel Jatta
Dalhemsvägen 94 b
SE-254 63 Helsingborg, Sweden
E-mail: info@tiandao.se
Phone: + 46 708 15 06 31

Hotel Reservation form:

Arrival Date:

Departure date:

Single/Double Rooms:

For your own Calculation:

X

(Rooms)

(Nights)

(Total Cost)

Single Room **120 Euro/Room/Night =**Double Room **150 Euro/Room/Night =****INFORMATION ABOUT HOTEL:**

Fee for one single room is 120 Euro/night/room incl. full board accommodations for one person (breakfast, lunch and dinner).

Fee for one double room is 150 Euro/night/room incl. full board accommodations for two persons (breakfast, lunch and dinner).

The payment for the Hotel (full board accommodation), the Fee for participation and the in advance no later than **2016-03-01**

Please note!

Hotel reservations that are cancelled after 28/2, 2016 will be fined with 50 % of the total hotel reservation cost.

Hotel reservations that are cancelled after 1/3, 2016 will be fined with 100 % of the total hotel reservation cost.